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**Eligibility paperwork instructions for student/athletes:**

**Step 1**:  Print out the physical form. You will need a hard copy of the physical to take to your physical exam. The physical form is available on the Western Athletics web page at:

[www.auhsd.western.us](http://www.auhsd.western.us)

**Step 2**:  **NO EXCEPTIONS.**  **After May 13, 2023** go to a medical doctor (MD) or doctor of osteopathy (DO) for your physical.  All physicals for the 2023-24 school year must be dated after May 13, 2023 and are valid for the entire 2023-24 school year. Make sure:

* You and your parent have signed your physical.
* The MD/DO signed your physical.
* The MD/DO has checked "cleared".
* The MD/DO has provided a date of physical.
* The MD/DO has either provided a license number or a stamp with his/her name on it.

**Step 3**: Maintain a minimum 2.0 Grade Point Average (G.P.A.) to remain eligible.

**Step 4**:  Go to [athleticclearance.com](https://athleticclearance.com/). Follow the instructions on the “Online Athletic Clearance” handout. The handout is on page two of this document or is also available on the Western web page.

**Step 5**: Bring your completed physical form to your coach.

**Step 6**: Purchase your Athletic Spirit pack from ASB Accounts.